“We’re making a profoundly positive impact on
Quality of Life & Mental Wellbeing”

**Academic Evaluation:**

The research has 4 aims:

* To evaluate customer and carer satisfaction levels and understand the unique experience of attending an integrated dementia support hub, such as Sage House.
* To compare the wellbeing and quality of life of individuals living with dementia and their care partners who have access to Sage House to those do not have access.
* To examine the social impact of centres such as Sage House with a focus on whether they can contribute to developing a dementia-friendly community.
* A key part of the evaluation is to examine whether integrated dementia support centres, such as Sage House, can provide financial benefit to the NHS and social care economy.

The interim results have already highlighted the unique and important contribution of integrated dementia support approaches not only with regard to supporting wellbeing, quality of life and social connection, but also with regard to providing financial benefits to the NHS and social care economy.

Psychologist Professor Antonina Pereira, who leads the University team, said:

* “An integrated approach to dementia care, such as that provided by Sage House, is of paramount importance today, more than ever, due to the multifaceted nature of the condition. Dementia encompasses cognitive impairments as well as substantial physical, social, and emotional implication for individuals and for their families. That is precisely why a comprehensive approach that extends far beyond mere medical interventions is essential in order to adequately address the diverse needs associated with dementia.
* Each person living with dementia has unique preferences and strengths and also faces unique challenges. An integrated approach that is grounded in person-centred care, such as that of Sage House, tailors interventions to cater to the specific requirements and preferences of the person. This acknowledges the importance of promoting autonomy, respect, and most importantly, dignity, enabling individuals with dementia to preserve their sense of identity and purpose.
* Crucially, dementia often places a profound burden on family caregivers that play an instrumental role in supporting individuals affected by the condition. Sage House recognises their needs and provides education, training, emotional support and even respite care. By involving caregivers in the care process, they can acquire effective coping strategies, access community resources, and receive guidance to enhance their own well-being.”
* It is also important to emphasise that this integrated approach to dementia care offers financial benefit, optimising resource allocation by reducing fragmentation and duplication of services and offering information and support that would be provided by the NHS or social care. Coordinating care across diverse settings avoids unnecessary hospitalisations as well as A&E visits, enhancing the efficiency of healthcare delivery but also improving cost-effectiveness over the long term.

Full report: